Tour de Sask

Stage Race

May 28 & 29, 2022

Presented by

2022 Tour de Sask General Information

2022 Tour de Sask is a General Classification (GC) Stage Race with a Time Trial, Criterium, and Road Race.

General classification times will be calculated and GC prizes will be awarded at the end of the third stage. As well, stage prizes (cash) and /or time bonuses may be awarded in some categories. The final prize list will be posted at the start of the second stage.

Racers must complete all stages of the race to be eligible for any of the prizes, primes or time bonuses. Also, racers must complete all previous stages to be allowed to start the next stage of the race or they must receive special permission from the Chief Commissaire.

Mandatory Race Registration: All participants must pre-register online at https://ccnbikes.com/tour-de-sask-2022. No same day onsite registration will be available!

Entry Fee: $85 No registrations will be taken after midnight May 26, 2022

All racers must sign on between 9:00 AM & 9:45 AM on Saturday, May 28 near Grandora, 25 KM west of Saskatoon and 3 KM south of Highway 14 (the intersection of Township Road 364 and Range Road 3075). Parking is available on the adjacent side road to the west of the Time Trial start area.

Even if you have preregistered for the race, you must present your race license and pick up your race numbers, RFID chip and race package now or you will not be allowed to race. Refunds will not be given to riders who miss sign on. Out of province racers will be required to present a valid UCI race license at this time. If required, sign on for all other stages will occur ½ hour before the stage start.

Categories offered: Men CAT 1 / 2 / 3 (combined), CAT 4, and CAT 5. Women may choose CAT 4 or CAT 5.

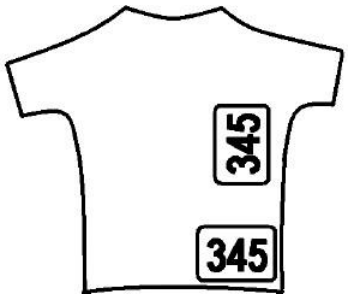
Organizers reserve the right to combine categories if registration for a category does not meet the minimum participant level requirements. If you have any questions or are uncertain which category you belong in, please contact the Race Director or Chief Commissaire **IN ADVANCE OF RACE DAY**.

UCI rules and regulations will be in place for all stages of this race. The onus is on the racer to know and follow the rules.

- Wearing rigid safety headgear is mandatory during competition and training sessions for all stages
- Urinating in public is strictly forbidden
- Bad language, disrespectful or improper behavior towards organizers, volunteers and Commissaires will not be tolerated.
- NO e-bikes or pedal assist bikes are permitted in any stage
- NO video camera devices are permitted in any stage
- NO communication devices are permitted in any stage

Race numbers must be worn correctly for every race as outlined below:

Race numbers may not be covered at any time during a race and must be clearly visible at all times.



Race Number Placement:
All Races: Time Trial, Road Race, Criterium
1 number on right side pocket and 1 number on right side of chest / back, as per the diagram

NUMBERS MAY NOT BE FOLDED, OVERLAPPED, CUT OR MADE SMALLER IN ANY WAY

A minimum 1-minute penalty will be enforced for infractions.

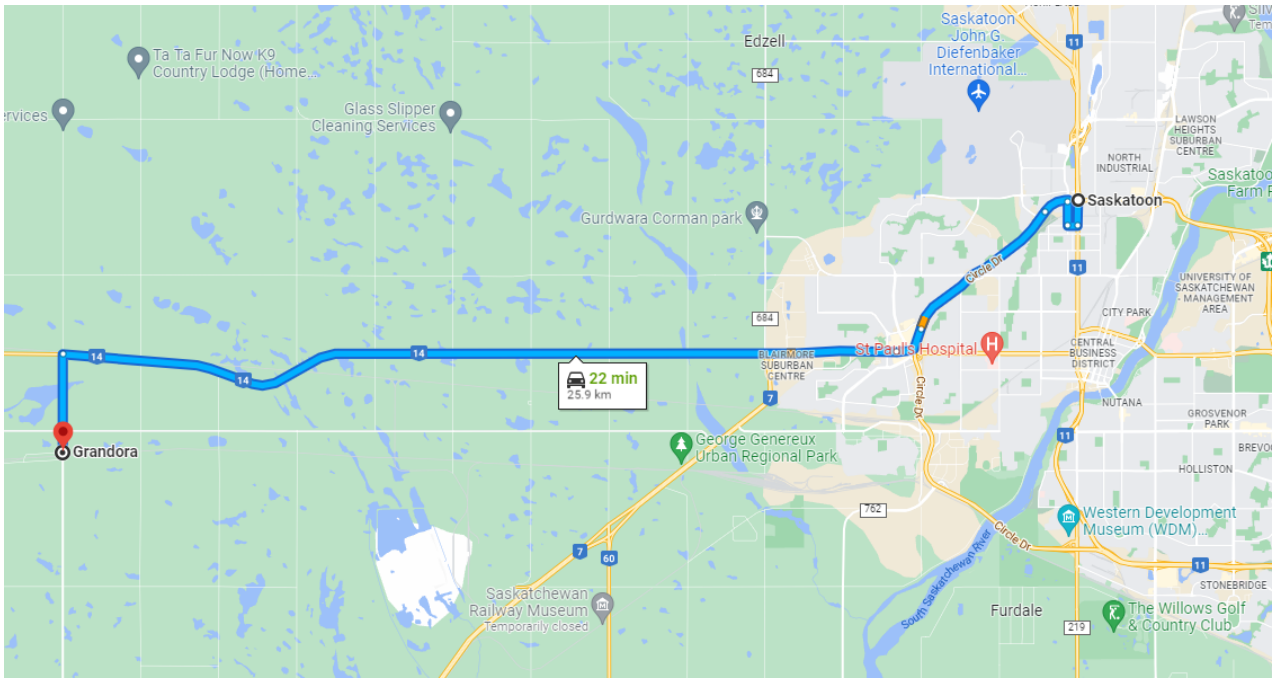
*A chip timing system will also be used for results, which requires each rider to adhere a chip to the top of their helmet.

Race results will be posted following each stage on the Cycledelia website at http://www.tourdesask.ca/results/index.html as soon as possible. Please note results are subject to change at any time before the final GC results are posted. If you have any questions about your results, please contact the Chief Commissaire.

Race Director:	Janice Matus	fjmatus@sasktel.net
Chief Commissaire:	Karen Cranston	ledbike@sasktel.net

Stage 1 Time Trial Saturday, May 28, 2022

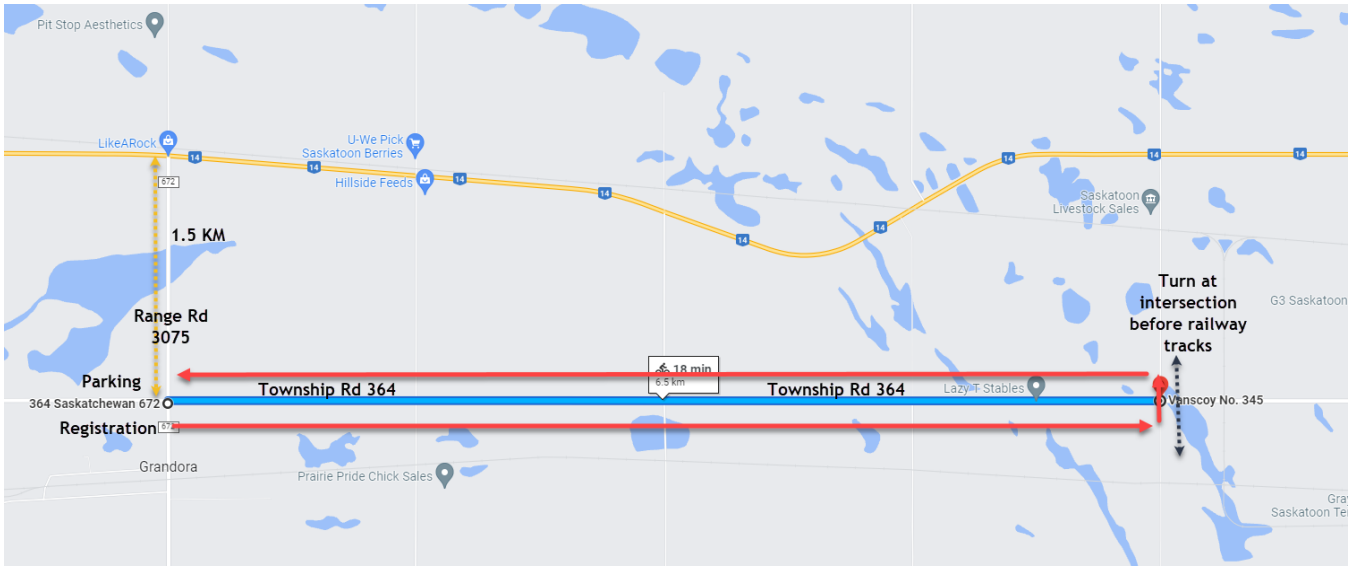
Location: The time trial start will be near the Hamlet of Grandora west of Saskatoon, 1.5 KM south of Highway 14 (the intersection of Township Road 364 and Range Road 3075). You may park along the roadside or in the ditches except on the course or in the area of the Start/Finish line. There are no washrooms available at this site. Please do not use private land.



Registration is between **9:00 AM & 9:45 AM** only.

First rider will go at 10:00 AM.

The time trial is approximately 13 in length (see map), going east on Township Road 364, turn around and return to the Start/Finish Line. The course is not closed to traffic & racers are encouraged to be aware at all times. Areas of the road may be rough & may contain potholes, especially on the shoulder & caution must be taken at the turn around point. Volunteers will be there to assist.



All categories will start at 10:00 AM.

Riders will be sent off at thirty (30) second intervals in the following order: CAT 5, CAT 4, and Cat 1/2/3 with a two (2) minute gap between categories.

Final Start lists will be posted as soon as possible and will be posted at registration. Any racer missing their posted start time by more than 1 minute will be assessed a one (1) minute penalty and must start after all other riders in their category. Any racer missing their posted start time by less than 1 minute, will keep the time that they should have started at and will be allowed to start under the direction of the start line Commissaire.

There is no wheel pit for this time trial and follow vehicles are not permitted. If approved by the Chief Commissaire, racers who flat or crash and are unable to complete the time trial will be given the same number of points as the slowest rider in their category. Please discuss with the Chief Commissaire if this applies to you.

Stage 2 Criterium Saturday, May 28, 2022

The NEW Criterium course is located in a new business development area in northwest Saskatoon just off Wanuskewin Road and 72 Street. Brand new pavement!

Criterium start order and times (approximate):

Category	Start time (approximate)	Length of the race
CAT 5	3:00 PM	25 minutes plus 3 laps
CAT 4	3:45 PM	35 minutes plus 3 laps
Cat 1/2/3	4:30 PM	50 minutes plus 3 laps

Time Trial and Crit results will be posted on the SCA van near the Start / Finish.

Washroom facilities are located behind the Start / Finish area just off of Shoquist Avenue.

A number of primes will be announced at the start of each race. Primes may be awarded cash or donated prizes. In addition, a stage win prize may be awarded. The final prize list will be posted at the start of the second stage.

Two race numbers must be worn, as per the diagram in the Technical Guide General Information section above. Numbers may not be folded, cut, overlapped or covered.

** **Remember, if we can't see your number, we can't give you an accurate finishing time!**

Lapped riders will be pulled at the Commissaires' discretion. This is a short Crit course and for the safety of everyone, we will be pulling riders sooner, rather than later. Please remove yourself from the course as soon as it is safe to do so after the Commissaire has indicated. Pulled riders will be given a pro-rated time. Lapped riders who are allowed to continue the race must not assist or hinder other riders or contest the sprints in any manner.

Riders who DNF on their own will not be given a prorated time.

All racers will finish on the same lap as the leader, regardless of the number of laps completed.

Racers may help each other only if they have covered the same distance in the race. If a racer or a small group of racers lap the main pack and return to the back of the pack, everyone in the newly formed group is eligible for any subsequent primes and time bonuses (not just those that have lapped the main pack).

There will be a **wheel pit** near the Start / Finish line for riders who have crashed or flatted. Wheels in the pit will be neutral wheels. Please label wheels with your name, race number and the gear.

Riders may cut the course to access this wheel pit but may not ride backwards on the course.

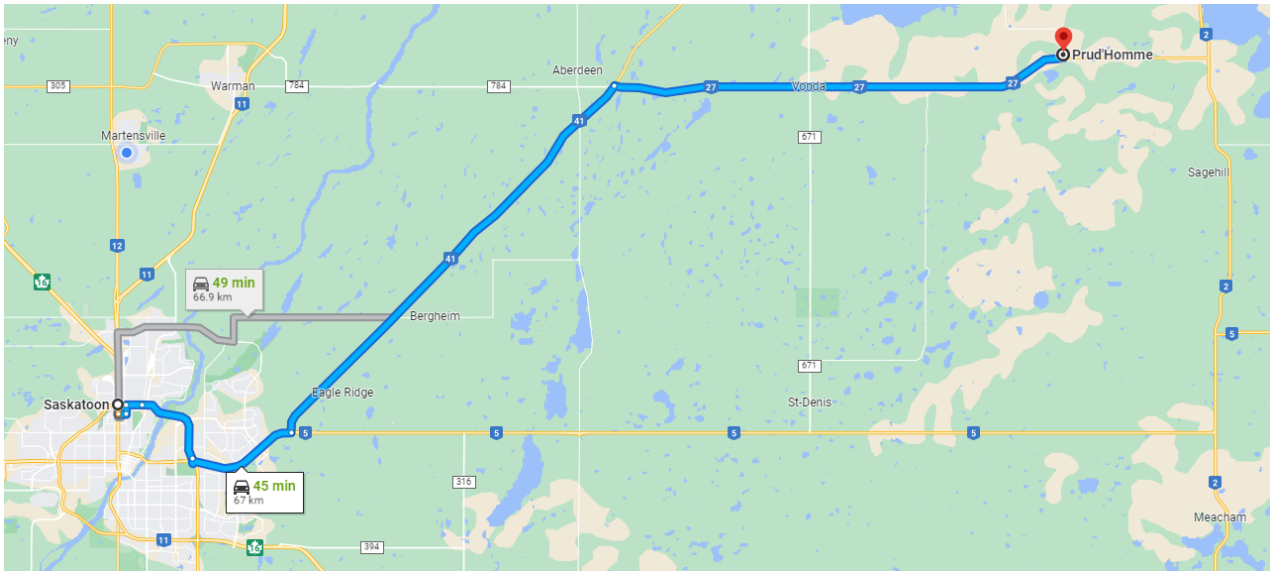
Riders will be given a **free lap for a flat or crash related mechanical up to the last three laps**. **Each person is only allowed one free lap/race.** Any rider who crashes in the last three laps will be given the same time as the last rider in the group they were riding in prior to the incident.

Medical Services provided by Medical First Response Saskatoon

Stage 3 Road Race Sunday, May 29, 2022

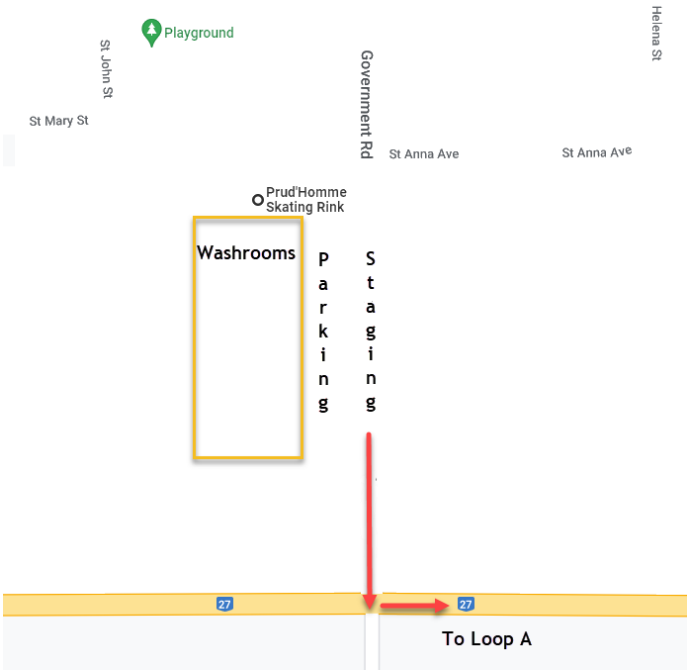
The NEW Road Race course is located on Highway 27 at Prud'Homme.

The Village of Prud'Homme is located 45 minutes Northeast of Saskatoon on Highway 27.



Sign on and start of the Road Race is located at the Prud'Homme Skating Rink near the corner of Highway 27 and Government Road. Washrooms (north end of building) and parking are available here also. Public urination is strictly forbidden, including in the Staging area and Start / Finish area.

There will be Staging with a neutral start on Government Road next to the Prud'Homme Skating Rink.



Race results will be posted on the SCA van and on the front door of the skating rink.

The road race course is 2 loops of approximately 34 KM in total.

Start times: All categories of racers are requested to start staging at 10:50 on Government Road in front of the skating rink. Please line up for roll call behind the vehicle for your category in the following order:

Category	Start Time	Estimated Race Distance	Course
CAT 1 / 2 /3	11:00 AM	102 KM	3 laps Loop A & B
CAT 4	11:05 AM	83 KM	2 laps Loop A & B plus 1 lap Loop A
CAT 5	11:10 AM	49 KM	1 lap Loop A & B plus 1 lap Loop A

Please remember that it is the responsibility of the racer to know the course and the number of laps required for their category. Volunteers, spectators and Commissaires will not be able to advise you once the race has started.

Two race numbers must be worn, as per the diagram in the Technical Guide General Information section above. Numbers may not be folded, cut, overlapped or covered.

** **Remember, if we can't see your number, we can't give you an accurate finishing time!**

The **feed zone** is located at the west end turnaround of Loop B, approximately 19 KM west of Prud'Homme. **Only the CAT 1 / 2 / 3 & the CAT 4 groups will be allowed to feed in this race, at the beginning of their second lap**. Feeding will be allowed in an area 100 meters before the turn around point and for 100 meters after the turn around. Feeders may park on the Buffer Valley Road to the north but not on Highway 27.

There is a rail crossing approximately 1.4 KM east of Prud'Homme. Racers may not cross level crossings when the warning signal is ringing or lights flashing.

The following rules shall apply:

1. One or more riders who have broken away from the field are held up at a level crossing but the lights stop before the field catches up. No action shall be taken and the closed level crossing shall be considered a race incident;
2. One or more riders with more than 30 seconds lead on the field are held up at a level crossing and the rest of the field catches up while the crossing lights are on. In this case the race shall be neutralized and restarted with the same gaps, once the official vehicles preceding the race have passed; if the lead is less than 30 seconds, the closed level crossing shall be considered a mere race incident;
3. If one or more leading riders make it over the crossing before the crossing lights start and the remainder of the riders are held up, no action shall be taken and the closed level crossing shall be considered a race incident;
4. If a group of riders is split into two groups following the closure of a level crossing, the first group will be slowed down or stopped in order to allow the delayed riders to return to the first group;
5. Any other situation shall be resolved by the Commissaires.

Corner marshals will be available at the turn around points, the feed zone and at the finish line. These marshals will make every effort to stop traffic for the turns, but racers must **proceed with caution**. Please follow the instructions of the volunteers at all times.

Also, please be aware that the **corners and the feed zone are neutral zones where no racing is allowed**. This zone includes the area **25 meters before each and after the cones in the feed zone**.

Racers must turn to the outside of the cone in the center of the road and may not cut the turn. There will not be a rolling enclosure or closed course.

The condition of the road surface varies throughout the course. There are some areas that may have potholes and may be areas where the asphalt is broken or rough. Please ride with caution in these areas. Most shoulders on this route are narrow and center lines are clearly marked.

Racers may only ride with people who are in the same category as they are. If you are dropped from your group, you may not ride with someone from another category. If one category catches another group, the group that is being caught must pull completely over and allow enough room for the faster category to pass by safely without crossing the center line. If you are riding alone or in a small group, please stay on the shoulder or as close to the shoulder as possible for your own safety!

****Racers who ride on or cross over the center line will be penalized 1 minute for each time that a Commissaire or designate observes them crossing the center line for any reason**. Racers are not allowed to cross the center line in an attempt to pass the pack or gain an advantage and should not put themselves in a position that they could get "pushed" over the center line while trying to draft. Commissaires are instructed to be very strict with this rule, for your own safety and in the best interest of all competitors.

Only official Commissaire and follow vehicles will be allowed to follow any race. Spectators and feeders may carefully drive to the feed zone but may only pass a racer or a group when it is safe to do so. They may not follow any racer for any length of time and **may not park on the course or on the shoulder of the highway at any time**. This is for the safety of all racers as the course is not long enough to allow extra vehicles.

In case of flats, **neutral wheels will be available in the official follow vehicles only**. Racers should bring wheels **labeled with your name, race number and the gear** to the appropriate marked vehicle in the staging area at **10:45 AM**. Racers will be responsible for changing the flat themselves and may not be motor paced back to the group.

Stage win prizes for each category may be awarded. The final prize list will be posted at the start of the second stage.

UCI GC tie breaking rules will be followed in the event of a tie in standings in a category. Prizes will be awarded as soon as possible after the majority of racers are finished.

Medical Services provided by Medical First Response Saskatoon

Feed Zone Etiquette

- Feed Zones are neutral areas – 25 meters before, in the designated zone and 25 meters after
- It is considered **poor cycling etiquette** to attack in this area
- Slow down in the feeding area – for the safety of all riders and feeders
- Stay on the right if you want to feed
- Stay on the left if you do not want to feed
- Discard any empty bottles on the right shoulder before the Feed Zone - avoid hitting feeding volunteers